



Learning from Home



Year: Nursery Wk beg: 21.9.20	Lesson One PSED	Lesson Two Mathematics	Lesson Three Letters & Sounds Phase 1	Lesson Four Learning to write	Lesson Five Physical development
Monday	Make a book about you and your family by cutting and sticking photos or drawing pictures.	Do some sorting and categorising using household or natural items.	Do some drumming & rhythm activities: Can you drum outdoors? Can you copy the pattern/rhythm your grown-ups make? Can you make up a rhythm?	Today's mark making challenge: Can you write some secret symbols? Children make up their own secret symbols: ㊦ ト パ イ つ ㊦ ㊦	Gross motor: Can you make an obstacle course indoors or out? You can use all kinds of thing from blankets to play tunnels, cushions to old tyres.
Tuesday	Draw/paint a picture of people you love	Learn about more, less and the same (something yummy is a good way to do this as they soon notice when you have more!)	Body percussion – use clapping, stamping, clicking, tapping etc to make a rhythm. Can you learn a rhythm together?	Today's mark making challenge: Can you do mark making outside? You could use water & brushes or chalk.	Fine motor: Can you make and play with playdough? Here is a link to lots of different recipes: playdough recipes
Wednesday	Help a grown up make a list of all the places (clubs, groups, family etc) you belong.	See how many teddies you can find at home. Can you sort the in different ways? By size? Colour? Animal?	Can you do some singing of Nursery rhymes? Can your grown-up teach you one they remember?	Today's mark making challenge: Can you make a card for a Nursery friend?	Gross motor: Try some cosmic kids yoga: Cosmic kids yoga
Thursday	Make something which could be given to your friend to cheer them up and show them you're still friends.	Can you help to sort the cutlery away after your meal time? Can you sort the forks from the knives or spoons?	Go on a listening walk. Walk anywhere you like but count and every ten steps pause and listen say what you can hear.	Today's mark making challenge: Can you leave a secret message when you go out for someone else to find?	Gross motor: Can you make up your very own keep fit moves to your favourite song? Or do some action songs like baby shark.
Friday	Play I know you (use photos of Nursery children & staff on tapestry) Adult points at a person in the photo & says "I know you, you're..." and lets child finish sentence "Mrs Phillips" adult adds "Mrs Phillips has curly hair and..." let child finish sentence ~they can talk about features or personality the point is to remember each other!	Go on an outdoor scavenger hunt and collect leaves, twigs, acorns, conkers and other seeds. When you get home try sorting and categorising them in different ways.	Sings some songs as a family can you clap a beat or wiggle to the rhythm of the song?	Today's mark making challenge: Can you do some big pattern marks on paper on the floor? Use both hands like squiggle and draw circles, lines up & down or side to side.	Fine motor: Play with clothes pegs! As silly as this sounds pinching a clothes peg to open and close it is good for finger strength, coordination, and dexterity. You can peg on to paper, make a pretend washing line with some string, peg out dolls clothes or put pegs as piercings on teddies!