



## The Pebblebed Hub of the Jubilee with Pebblebed Federation

### Subject Intent Statement for Physical Education

#### Our Vision

I have come to you that you will have life and have it to the full  
John 10:10

#### Intent

The Pebblebed Hub as part of The Jubilee with Pebblebed Federation recognises the value of Physical Education (P.E) as aspirational and we strive for children to compete in local events both within a team and on an individual basis. We capitalise on sports and health opportunities within our locality such as Go ride cycling events on cross-terrain, beach football and tag rugby as well as walking on Woodbury Common. Using the clean, open spaces that our school and locality has to offer provides all learners with opportunities to flourish with their sport and health education despite a high deprivation factor in some of our catchment. It is also our intent that children living so close to the coast should leave primary school, at the very least, with water confidence and skills to self-rescue.

We fully adhere to the aims of the National Curriculum for Physical Education to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

PE develops a child's knowledge, skill and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. A varied curriculum is in place to support this, with activities including dance, athletics, gymnastics, and games. Due to our coastal and rural location both schools have a focus on swimming, water safety and outdoor adventure activities.

Physical education promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes positive attitudes towards a healthy lifestyle. Thus, we aim to enable children to make informed choices about physical activities throughout their lives.

Our current aims for effective use of the Sports Premium is to increase sport participation - specifically girls in lower KS2, improve health and well-being and

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decrease levels of obesity. We evidence the impact of primary PE and sports premium using the DFE reporting tool to analyse impact of spending against the five key indicators.

#### Implementation

The progression of knowledge and skills in PE is ensured with Devon PEDPASS planning documents used by both internal and external staff. They also use Cornerstones planning to link elements of PE such as dance to the class theme. Our PSHE scheme (1 Decision) is used across the schools as a focus for Healthy Lifestyles Education.

#### Teaching of PE in the Foundation Stage:

Pupils within EYFS undertake daily physical exercise within the outdoor learning area, playground, school hall or the village hall. They have a mixture of structured and un-structured activities to participate in. Cross-curricular links enable PE activities to take place during literacy and maths.

#### Teaching PE in Key Stage 1 and 2:

All pupils from Year 1 to 6 have at least 2 hours worth of planned physical exercise each week. These sessions are delivered by teachers and specialist HLTAs. At Woodbury Salterton coaches from Premier Sport, help support class teachers with coaching ideas and CPD sessions, whilst at Littleham coaches from 'F&L Sports' support class teachers with coaching ideas and CPD sessions.

Pupils also have the opportunity for physical activity during morning and lunchtime breaks on either the playground or field. Staff and Playground Leaders (trained pupils from Year 5 and 6) are on duty to co-ordinate a range of active playground games.

At Woodbury Salterton lunchtime sports and after school clubs run by Premier Sport are on offer to pupils, at Littleham 'F&L Sports' and school staff offer a variety of clubs. These can include football, running, street surfing and multi-skills, table tennis, tag rugby, netball, cricket and athletics.

At Woodbury Salterton, Key Stage 1 children and non-swimmers from Key Stage 2 attend a six weekly block of swimming lesson at Exmouth Swimming Pool.

At Littleham, many of the pupils' school swimming lessons are the only time a child will learn to swim, and it is for this reason that our intention of developmental swimming lessons across KS2 is vital. Children in Year 3 swim for two terms, children in Year 4, 5 and 6 swim for a term.

The Pebblebed Hub takes full advantage of the Exmouth Learning Community sports package, which includes festivals, competitive events, CPD sessions and updates and support for the subject leader. Through our subscription we actively take part in sporting opportunities including festivals and competitions provided by the local learning community such as Quicksticks Hockey, Aescetics, Dance, Gym and Netball.

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Accurate assessment of PE identifies children who are working below, at and above ARE in the following aspects: dance, gymnastics, athletics, net/wall and invasion games. We also assess swimming ability to identify water confidence and those children who can swim 25m by the end of year 6.

Both schools hold an annual sports day, which is a mixture of competitive and non-competitive activities. The children also have the opportunity to take part in sporting activities provided by the wider community such as football with Exeter City and Bikeability.

Woodbury Salterton and Littleham both have well-developed forest school areas that provide opportunities to develop gross and fine motor skills through team building exercises, tasks that involve using tools and using the natural environment to climb and balance.

Year 6, have an annual residential trip during September in which they undertake a series of physical and challenging activities including: assault course; mid-ropes to high wires; climbing wall; tree climb.

#### Intended Impact

By the time children leave their school within the Pebblebed Hub they will have:

- Been taught P.E. as a basis for lifelong learning, where they will have had access to a wide range of activities in the belief that if taught well and the children are allowed to succeed, then they will continue to have a physically active life. A high-quality physical education curriculum will have inspired all children to succeed and excel in competitive sport and other physically demanding activities.
- Had opportunities to compete in sport and other activities which build character and help to embed values such as fairness and respect.
- Been provided with suitable learning opportunities by having the challenge of the task matched to the ability of the child and in doing so raise pupil's health (considering childhood obesity) and fitness levels, improve skills and develop pupil's resilience, teamwork and perseverance. High quality teaching of PE inspires all children to succeed and excel in competitive sport and other physically demanding activities.
- Been given the opportunity to improve on their personal best and fitness levels and children leave with water confidence, skills in self-rescue and for the majority an ability to swim 25m.
- Built character and embedded values such as fairness and respect.
- Both schools in the Pebblebed Hub work towards the School Sports Mark, with both settings currently holding the silver award.

Our curriculum provides all children the opportunity to improve their own wellbeing and fitness. This emphasis will support and promote healthy and active lives. In the Pebblebed Hub of the Jubilee with Pebblebed Federation, this is done not only through the sporting skills taught, but through the underpinning values

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and disciplines that PE promotes. Within our lessons, children are taught about self-discipline and that to be successful you need to take ownership and responsibility of their own health and fitness. All of our schools have received the silver School Games Mark which shows that we are committed to each aspect of the aims which will support physical development in later life. Our impact is therefore to motivate children to utilise these underpinning skills in an independent and effective way in order to live happy and healthy lives.