

Week 1Weeks commencing:
5 Sept, 26 Sept, 17 Oct, 14 Nov, 5 Dec**Week 2**Weeks commencing:
12 Sept, 3 Oct, 31 Oct, 21 Nov, 12 Dec**Week 3**Weeks commencing:
19 Sept, 10 Oct, 7 Nov, 28 Nov**Monday**

- (1) Crispy Sausage Roll**
(gluten, celery, mustard, sulphur dioxide, may contain milk & egg)
- (2) Vegetarian Sausage**
(gluten, egg, dairy)
- (3) Jacket Potato with Tuna Mayo**
(Tuna – fish, egg, mustard)
- Served with **Potato Wedges & Baked Beans or Peas**
- Shortbread Biscuit**
(gluten)

Monday

- (1) Meatballs in a Rich Tomato Sauce with Pasta**
(Meatballs – gluten, celery, soya, sulphur dioxide/Pasta – gluten)
- (2) Pasta Neapolitan**
(gluten)
- (3) Jacket Potato with Baked Beans**
Served with **Sweetcorn**
- Mini Fruit Pavlova or Ice Cream Pot**
(pavlova - egg, dairy/ice cream – dairy)

Monday

- (1) Cheese & Tomato Pasta Bake**
(Baguette – gluten/Cheese dairy)
- (2) Tomato Tumble with Herby Scone**
(gluten)
- (3) Jacket Potato with Tuna Mayo**
(Tuna – fish, egg, mustard)
- Served with **Peas**
- Raspberry Ripple Ice Cream Roll**
(gluten, egg, dairy, soya)

Tuesday

- (1) Margherita Pizza**
(gluten, dairy)
- (2) Spanish Vegetable Omelette**
(egg)
- (3) Jacket Potato with Baked Beans**
(no allergens)
- Served with **Pasta & Sweetcorn**
(pasta - gluten)
- Chocolate Sponge & Chocolate Sauce**
(cake – gluten, egg/Sauce – dairy)

Tuesday

- (1) Breaded Chicken Goujons**
(gluten may contain celery, soya, milk or mustard)
- (2) Salmon Fishcake**
(gluten, fish)
- (3) Jacket Potato with Tuna Mayo**
(Tuna – fish, egg, mustard)
- Served with **Potato Wedges & Baked Beans or Peas**
- Apple Pie & Custard**
(pie – gluten/custard – dairy)

Tuesday

- (1) Butchers Beef Burger in a Soft Roll**
(Burger – gluten, soya, sulphur dioxide/Bun – gluten, may contain sesame)
- (2) Vegetarian Breaded Burger**
(gluten)
- (3) Jacket Potato with Cheese**
(cheese – dairy)
- Served with **Pasta, Baked Beans or Peas**
(pasta – gluten)
- Sticky Toffee Sponge & Custard**
(cake – gluten, egg/custard – dairy)

Wednesday

- (1) Roast Gammon**
(no allergens)
- (2) Roasted Vegetable Filled Yorkshire Pudding**
(Yorkshire Pudding – gluten, dairy, egg)
- (3) Jacket Potato with Cheese**
(Cheese – dairy)
- Served with **Roast Potatoes, Vegetables & Gravy**
(gravy - gluten, soya)
- Fruit Jelly or Mousse Pot**
(mousse - dairy)

Wednesday

- (1) Butchers Pork Sausages**
(Sausage – gluten, celery, mustard, sulphur dioxide)
- (2) Vegetarian Roast**
(gluten, egg, dairy)
- (3) Jacket Potato with Cheese**
(Cheese – dairy)
- Served with **Roast Potatoes, Vegetables & Gravy**
(gravy – gluten, soya)
- Strawberry Cheesecake or Frozen Smoothie**
(gluten, dairy, egg)

Wednesday

- (1) Roast Chicken Breast with Yorkshire Pudding**
(Yorkshire Pudding – gluten, dairy, egg)
- (2) Quorn Vegan Fillet**
(gluten)
- (3) Jacket Potato with Baked Beans**
Served with **Roast Potato, Vegetables & Gravy**
(gravy – gluten, soya)
- Fruit Jelly or Biscuit**
(biscuit – gluten)

Thursday

- (1) Bolognese Sauce, Pasta & Garlic Bread**
(Pasta – gluten/Garlic Bread – gluten, may contain soya & milk)
- (2) Vegetarian Quorn Bolognese, Pasta & Garlic Bread**
(sauce - gluten, egg/Pasta - gluten/Garlic Bread - as above)
- (3) Jacket Potato with Baked Beans**
Served with **Peas**
- Lemon Cake & Custard**
(cake – gluten, egg/Custard – dairy)

Thursday

- (1) Cottage Pie**
- (2) Vegetarian Quorn Cottage Pie**
(gluten, egg)
- (3) Jacket Potato with Baked Beans**
Served with **Farmhouse Vegetables & Gravy**
(gravy – gluten, soya)
- Chocolate & Vanilla Marble Sponge & Chocolate Sauce**
(cake – gluten, egg/sauce – dairy)

Thursday

- (1) Breakfast Brunch – Sausage/Bacon/Hash Browns**
(Sausage – gluten, celery, mustard, sulphur dioxide)
- (2) Vegetarian Breakfast Brunch with Scrambled Egg**
(gluten, egg, dairy)
- (3) Jacket Potato with Cheese**
(Cheese – dairy)
- Served with **Baked Beans or Sweetcorn**
- Vanilla Sponge & Custard**
(cake – gluten, egg/custard – dairy)

Friday

- (1) Battered Chicken Fillet Bites**
(gluten)
- (2) Pea & Mint Fritter & Salad Wrap**
(gluten, soya)
- (3) Ham Baguette**
(gluten)
- Served with **Crispy Fries & Vegetable Sticks**
- Assortment of Biscuits & Cakes with Fruit Juice**
(gluten, may contain egg)

Friday

- (1) Oven Baked Fish in Batter**
(Fish, gluten)
- (2) Pizza Baguette**
(gluten, dairy)
- (3) Egg Mayonnaise & Cress Roll**
(Egg mayo – egg, mustard/Roll – gluten may contain sesame)
- Served with **Crispy Fries & Vegetable Sticks**
- Assortment of Biscuits & Cakes with Milkshake**
(gluten, may contain egg/milkshake – dairy)

Friday

- (1) Oven Baked Fish in Breadcrumbs**
(Fish, gluten)
- (2) Vegetable Nuggets**
(gluten)
- (3) Chicken Mayo & Lettuce Wrap**
(Wrap – gluten/Chicken Mayo – egg, mustard)
- Served with **Crispy Fries & Vegetable Sticks**
- Assortment of Biscuits & Cakes with Fruit Juice**
(gluten, may contain egg)