



Learning from Home



Year: Nursery	Lesson One	Lesson Two	Lesson Three	Lesson Four	Lesson Five
Wk beg: 9.11.20	PSED	Mathematics	Letters &Sounds Phase 1	Learning to write	Physical development
Monday	Down load this free book and explore some emotional literacy and colouring with your child. feeling colouring book You will need to print this out or ask school for a paper copy.	Counting challenge 1: Today I'd love to combine counting and threading, you can use pasta on spaghetti, beads on sting, loo rolls on a skipping rope! Count and thread —simple!	To help learning about our feelings please can you learn this lovely song with your child. If you cannot access this online make up your own version "if you're happy/sad/angry/scared and you know it"	Today's mark making challenge: This is covered by the lovely colouring you have done for your PSED lesson today well done Don't forget to write your name on your book though!!	Gross motor: Do some "Sticky Kids" activity songs Here is their YouTube channel. No YouTube no prob! Do some heads shoulders knees and toes at home.
Tuesday	We will be using Anna Llenas "The Colour Monster" over the next few weeks we will be reading it in sections. This week we will be reading up to the emotion identified as happiness. You can hear a read through here. please pause the read-through after happiness. Take time to talk together about what it feels like to be confused.	Counting challenge 2: Can you fill a sealable bag with something like flour, salt, sand and hide some small things in it like beads, dried pulses, Lego pieces etc the activity is hunt and count!	Can you sing old Mac Donald has a farm and get your child to suggest animals and noises.	Today's mark making challenge: Can you make some pictures of faces showing the emotions confused and happy. You could look at photos of real people from media or you could ask other people to show you their expression.	Fine motor: Play with pegs! Whether it's putting pegs on a container or pegging out washing playing with pegs is brilliant pincer grip development (essential pre-writing skill).
Wednesday	Today recall the colour monster story and talk about happiness. Can your child remember when they were happy and what made them happy. Talk about positive ways to share the feeling happy. How can we make others happy?	Counting challenge 3: How many steps? Make a list with a grown up of how many steps you count getting to different places e.g. 4 steps to the TV	Can you read a story and add lots of sounds in. Read it a couple of times doing all the different noises together.	Today's mark making challenge: Can you draw, paint or colour me a picture of something that makes you feel happy!	Gross motor: Explore jumping. Indoors or out work on bent knees and safe landings! Children secure jumping any age between 12 months and 3 years!
Thursday	Today you should make your first two emotion potion bottles. You do not have to use the same colours for feelings as the colour monster. For happy you should choose your favourite colour. You can use anything you have in your home to make these bottles. They can be collage, drawing or real bottles full of things.	Counting challenge 4: Take turns to roll a dice and count how many spots. You can make a competition by playing to see who wins by getting the biggest number each time.	Can you play this sound quessing game online. Listen Carefully	Today's mark making challenge: Can you practice those numerals again please! OI2345678910	Fine motor: play with elastic bands. This is great for developing hand strength and easy to do with household items:
Friday	Do something that makes you feel happy! It's Friday after all. Do something together that makes your child happy — looking after our happiness is really important and having positive memories together is really good for our well-being.	Counting challenge 5: Write numbers 1-5 on paper and send the children to find the right number of objects for each numeral e.g. 1 cup 5 cars etc.	Can you play this online sound bingo game: Animal sounds	Today's mark making challenge: Have a go at learning to write the first letter of your name the first letter is always special because it is a Capital letter.	Gross motor: Play the floor is lava! This is brilliant exercise which can be done with little ones inside or out and it is great fun as well as good for developing physical skills.