



Learning from Home



Year: Nursery	Lesson One	Lesson Two	Lesson Three	Lesson Four	Lesson Five
Wk beg: 9.11.20	PSED	Mathematics	Letters &Sounds Phase 1	Learning to write	Physical development
Monday	This is week two of The Colour Monster topic. This week we want to think about sadness and anger. Please listen to the story again this time stopping after anger.	Number challenge 1: Number sensory art: Use any medium (sand, glitter, salt, rice) to rub over glue to make sensory numerals:	You can play Mrs Phillips has a bag at home: (you can say mummy ha a bag!) Fill a bag with some objects which you can make a noise for. E.g. Toy car — brrrrmmmm Adult opens bag peers in and makes the noise child has to guess what's in the bag.	Today's mark making challenge: make marks in flour:	Fine motor: Time for some tiny parts art! You can use anything, you have spare. Cut up pieces of magazine, straw, buttons, sequins, bottle tops etc. Here are some Ideas:
Tuesday	Today it's ok to talk about feeling blue! Explain as much as you can to your child how everyone feels sad sometimes. Talk about what that looks like and feels like and how you can cope with this big feeling.	Number challenge 2: Make a list of number you can see in the world around you. On a walk or in the house where are numerals found?	Do some rhythm play. Use hands to clap or a saucepan and wooden spoon as a drum. Encourage children to play rhythmically. You could count I234I2 or sing!	Today's mark making challenge: Can you practice drawing/writing circles. Start by drawing great big circles in the air with your arms, then make the sme marks on paper. Do it to music its fun!	Gross motor: Today is a ball play kind of day. Encourage your children to throw, kick and catch. This is good exercise and important for development of ball skills.
Wednesday	Today make your sad bottle. Why not fill a jar with blue (or colour of their choice) pompoms? Or simply colour in a picture of a bottle with a colour your child chooses for sad.	Number challenge 3: Make some numeral cards to use for home learning. Free printables or make your own.	Listen to and share rhyming stories. <u>Here</u> is a great Axel Scheffler read through or read some you have at home.	Today's mark making challenge: Can you draw sad faces? Big and small? Can you watch your grown up do it then try and copy their picture?	Fine motor: Can you do some posting today? Make a postbox from an empty box and cut a slot to post things in!
Thursday	Please talk with your child about Anger. Tell them everyone gets angry. Talk about what makes you angry what makes grandad angry etc. Importantly talk about ways to manage this big feeling.	Number challenge 4: Practice writing numerals for your number and writing challenge today.	Play Mrs Phillips has a bag again you can use the same items again this will embed learning but why not add a few more. You could always use pictures if you can't find any objects.	Today's mark making challenge: Can you practice those numerals for maths and writing today please! OI2345678910	Gross motor: Can you find a way to do some climbing today? Maybe check out the equipment at the park or at least do an uphill walk! ⑤
Friday	Make your Angry emotion potion bottle today. I'd recommend filling a bottle with red water (died with paint or food colouring) and cooking oil. But it's up to you what you do!	Number challenge 5: Together, label cups with numerals and then get your child to count the right number of something (like pasta, pennies, buttons, bottle tops etc) into the cup.	Make a sound story together. Tell a story which you can use sound effects in. E.g On windy day 'whooo woooooo', a little dog 'woof woof' met a cat 'meow' who was sad 'sniff sniff'. —You get the idea! Let your child take the lead as much as they can, some will be really good at this and surprise you!	Today's mark making challenge: Can you do some pebble painting use water, PVA or paint:	Fine motor: Spiders web play. This is easy to set up (and doesn't need spiders but anything small!) weave string through a basket and use a peg or tweezers to pull things out: