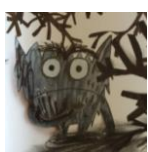















Learning from Home



Year: Nursery Wk beg: 9.11.20	Lesson One PSED	Lesson Two Mathematics	Lesson Three Letters & Sounds Phase 1	Lesson Four Learning to write	Lesson Five Physical development
Monday	<p>This is week three of The Colour Monster topic. This week we want to think about fear and calm. Please listen to the story again this time stopping after calm.</p>  	<p><u>Number challenge 1:</u> Numbers around us challenge. Can you help your child look all around the house for where the numbers are hiding? Name each number you find and where it is. E.g. 10 on the front door...</p>	<p>Learn the game "describe it find it". Put an array of items/toys on the table child must not touch. You describe one of the items and the child should give it to you. E.g. something in a bag for eating... crisps Soft cuddly pink nose... toy rabbit etc.</p>	<p><u>Today's mark making challenge:</u> Writing in a tray. You can use any medium you have around the home, flour, sand, glitter, sauce, shallow fill any tray and have a go at mark making.</p>  	<p><u>Gross motor:</u> Try this lovely animal movement activity. Can't see this link make up animal movements with your child.</p> 
Tuesday	<p>Today it's ok to talk about be scared! Explain as much as you can to your child how everyone feels afraid sometimes. Talk about what that looks like and feels like and how you can cope with this big feeling.</p> 	<p><u>Number challenge 2:</u> Writing our numerals again! When you have written your numeral can you show its number with nice colourful spots under it.</p>	<p>Please play describe it find it again with the same things as yesterday. This is essential over learning..</p>	<p><u>Today's mark making challenge:</u> Can you practice those numerals for maths and writing today please!</p> <p>0 1 2 3 4 5 6 7 8 9 10</p>	<p><u>Fine motor:</u> A great day for puzzle play. Inset or interlocking puzzles are brilliant for children's development.</p> 
Wednesday	<p>Today make your fear bottle. Why not fill a jar with black and silver thread or lace? Maybe you could put something your child doesn't like in the bottle and talk about keeping them safe when they feel scared.</p> 	<p><u>Number challenge 3:</u> Play hide and seek together. Can you count to ten slowly and clearly each time – good putting you numbers into practice!</p>	<p>Today read a story together and add some sound effects. Any story will do but a good example is "We're going on a bear hunt".</p>	<p><u>Today's mark making challenge:</u> Can you colour some monsters to show the different emotions? You can download from here or just draw your own.</p> 	<p><u>Gross motor:</u> Do some cosmic yoga or if you don't have access at home make up your own stencils and poses while listening to some calm music.</p>
Thursday	<p>Today's feeling is a bit trickier. We are thinking about calm. Talk about what calm looks like, how it feels and how important it is. Could you make a poster for and with your child about things they can do to calm down. Blow bubbles, read a story, have a hug, pat a pet etc</p>	<p><u>Number challenge 4:</u> Do some counting for eating! It can be a fruit salad or pick n mix but sort them, match them count them... EAT them!</p>	<p>Take a listening moment. Anywhere you can in the garden or house. Be as quiet as you can and talk together about what you can hear. Listen out for sounds inside and out.</p>	<p><u>Today's mark making challenge:</u> Have a go at drawing some stick people. Learning that you can use circles and lines to represent things is a great learning step. Why not show them how you do it and get them to try!</p>	<p><u>Fine motor:</u> A great day for building. Please use what ever you have building bricks, train track, empty recycling. To build, balance & join with your child.</p> 
Friday	<p>Make your calm emotion potion bottle today. I'd recommend filling a bottle with green tissue paper leaves and feathers and they float and are soft and gentle like the story suggests but you can choose.</p> 	<p><u>Number challenge 5:</u> Can you play a simple dice game where the child rolls the dice, counts the spot and then finds that many items for you. Play with leaves, toys, cars, dolls, straws whatever you have!</p>	<p>Please play describe it find it one more time. You can use the same items or try a whole new set. You could use toy farm animals or different vehicles. Let us know how you get on!</p> 	<p><u>Today's mark making challenge:</u> Do some mud mark making... Go on be brave! Even if you're isolating being outside is important for your mental health. Put on old clothes find a spot of mud and use leaves, fingers or sticks to paint with some mud!</p>	<p><u>Gross motor:</u> Play emotions movements. Adult calls out hide like you're afraid child curls into ball, skip like your happy, Stomp like you're angry, balance like your calm etc. You get the idea! Have fun!</p>